

JUNE 2024

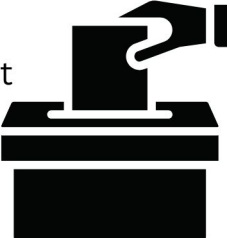
CALENDAR OF ACTIVITIES



BRICK TOWNSHIP OFFICE OF SENIOR SERVICES

Location: 500 Aurora Place, Brick, NJ 08723

Phone: 732-920-8686 Email: brickseniors@bricktownship.net

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Zumba.....9:15am-10:15am Line Dancing.....10:30am-11:45am Community Cafe.....11:30am-1:30pm Mahjong.....12:30pm-3:30pm	4 PRIMARY ELECTION DAY  No activities at Senior Center today	5 Stretch & Stronger.....11am-12pm Mahjong.....12:30pm-3:30pm	6 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am <i>Pre-registration required</i> Chair Aerobics.....11:30am-12:30pm Tai Chi.....1:30pm-3pm	7 Walking Club.....9am <i>Meets at Drum Pt Sports Complex</i> Community Cafe.....11am-12:15pm Talking with Jen Presentation.....12pm Movie - 'The Good House'.....12:30pm
10 Zumba.....9:15am-10:15am Line Dancing.....10:30am-11:45am Community Cafe.....11:30am-1:30pm Bingo & Dessert.....12pm Mahjong.....12:30pm-3:30pm	11 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am <i>Pre-registration required</i> Chair Aerobics.....11:30am-12:30pm Acrylic Art Class.....1:15pm <i>Bring your own canvas - 16"x20" recommended</i>	12 Coffee with Mayor Crate.....9:30am <i>Register beginning 5/30</i> Stretch & Stronger.....11am-12pm Cooking with Zulma "Feel the Power of Smoothies".....12:30pm <i>Register beginning 5/30</i> Mahjong.....12:30pm-3:30pm	13 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am <i>Pre-registration required</i> Chair Aerobics.....11:30am-12:30pm Tai Chi.....1:30pm-3pm	14 Walking Club.....9am <i>Meets at Drum Pt Sports Complex</i> The Book Nook Club.....10am Community Cafe.....11am-1pm Dancing Feet.....1:30pm-3:30pm
17 Zumba.....9:15am-10:15am Line Dancing.....10:30am-11:45am Community Cafe.....11:30am-1:30pm Mahjong.....12:30pm-3:30pm	18 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am <i>Pre-registration required</i> Chair Aerobics.....11:30am-12:30am Musical Connections...1:45pm-2:30pm	19 Stretch & Stronger.....11am-12pm Mahjong.....12:30pm-3:30pm Ocean County Mall Bus Trip <i>Call to register</i>	20 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am <i>Pre-registration required</i> Chair Aerobics.....11:30am-12:30pm Tai Chi.....1:30pm-3pm	21 Walking Club.....9am <i>Meets at Drum Pt Sports Complex</i> Crafts.....10am Dancing Feet.....1:30pm-3:30pm
24 Zumba.....9:15am-10:15am Line Dancing.....10:30am-11:45am Community Cafe.....11:30am-1:30pm Mahjong.....12:30pm-3:30pm	25 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am <i>Pre-registration required</i> Chair Aerobics.....11:30am-12:30am Acrylic Art Class.....1:15pm <i>Bring your own canvas - 16"x20" recommended</i>	26 Picnic in the Park at Traders Cove (rain date 6/28).....11am-1pm <i>Call to register beginning 6/3</i> Stretch & Stronger.....11am-12pm Mahjong.....12:30pm-3:30pm	27 Floor Yoga.....9am-9:45am Chair Yoga.....10am-11am <i>Pre-registration required</i> Chair Aerobics.....11:30am-12:30pm Tai Chi.....1:30pm-3pm	28 Walking Club.....9am <i>Meets at Drum Pt Sports Complex</i> Community Cafe.....11am-1pm Dancing Feet.....1:30pm-3:30pm



Mayor Lisa Crate

Councilman **Perry Albanese**
 Councilman **Derrick Ambrosino**
 Councilwoman **Heather deJong**
 Councilman **Steve Feinman**
 Councilman **Vince Minichino**
 Councilwoman **Marianna Pontoriero**
 Councilwoman **Melissa Travers**

Director of Senior Services Zulma Soto

Staff is available to help with applications for various benefit programs to help with Utility, Property Tax and Rx expenses such as PTR, Senior Gold, PAAD, Home Energy Assistance, Meals on Wheels and to provide you with information on other senior benefits.

Call to schedule
732-920-8686

Property Tax Rebate (PTR1 & PTR2)

The Senior Freeze Program reimburses eligible senior citizens and disabled persons for property tax or mobile home park site fee increases on their principal residence (mail home). You must be 65 or older, or received social security disability as of 12/31/2022. The deadline for 2023 application is 10/31/2024. Income for 2022 is \$150,000 and for 2023 is \$163,050. We can assist you in completing the application.

Call for an appointment.

PAAD

NEW JERSEY PHARMACEUTICAL ASSISTANCE TO THE AGED AND DISABLED

2024 Annual Income Guidelines
PAAD

Individual: Less than \$52,142
 Couple: Less than \$59,209

SENIOR GOLD PRESCRIPTION DISCOUNT PROGRAM

Individual: Less than \$62,142
 Couple: Less than \$69,209

Are you a Caregiver?

Are you helping an elderly parent, friend, neighbor or someone who is frail or disabled?

Are you assisting with their food shopping, driving them to doctors, preparing their meals?

Caregiving for an elderly person can be difficult.

Resources & services are available that may assist you in caring for a loved one, call 732-920-8686

NJ Has a new SNAP Minimum Benefit of \$95

Monthly SNAP benefits provide nutrition assistance so you can put more fresh, healthy food on your table

Eligibility – **Gross Monthly** Income

Family size:

- 1 - \$2,096
- 2 - \$2,823
- 3 - \$3,551

Call 732-920-8686 for more information or to schedule an appointment.

The Community Cafe

Mondays and Fridays - check schedule for times
 Lunch reservation by 11am the day before is **required**. Transportation provided to site. Suggested donation of \$2.
 Call 732-920-8686 for reservations



MUSICAL CONNECTIONS

Join us for Musical Connections! An Intergenerational Program with Brick High School Students filled with Fun music related activities for our seniors' enjoyment!

1ST & 3RD TUESDAY OF EACH MONTH AT 1:45PM
CALL 732-920-8686 TO REGISTER



Join our **WALKING CLUB**

Every Friday @ 9am
MEETS AT THE DRUM PT. SPORTS COMPLEX



Picnic in the Park

WED. JUNE 26* 11AM-1PM
TRADERS COVE PARK

Enjoy lunch, games, music & dancing
 Entertainment by DJ Vinny Cupo

Food sponsored by Beacon of Life, HomeWell Care Services, Willow Springs, Bartley Healthcare and Veteran Care Services *rain date 6/28

Must register beginning June 3

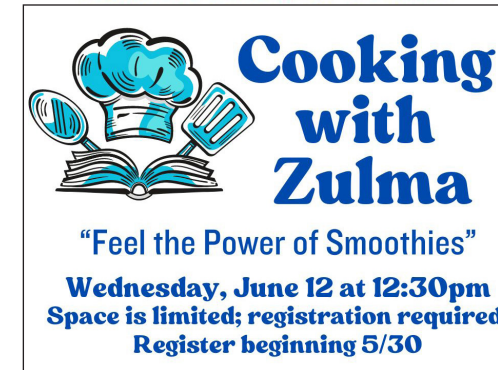


Funded in part by a grant from the Ocean County Board of Commissioners



Brick Senior Center
DANCING FEET

Join our new dance lessons class!
 Learn Swing, Salsa, Tango & Cha Cha!
 1:30pm-3:30pm on select Fridays
Call 732-920-8686 for info



Cooking with Zulma

"Feel the Power of Smoothies"

Wednesday, June 12 at 12:30pm
Space is limited; registration required.
Register beginning 5/30



Movies at the Senior Center

featuring
"THE GOOD HOUSE"
 Starring Sigourney Weaver & Kevin Kline
Friday, June 7 @ 12:30pm

THE TOWNSHIP OF BRICK PROUDLY OFFERS FREE BEACH ACCESS FOR SENIORS

Any person age 65 or older (by 9/1/2024) can receive a free daily wristband at any Brick Township beach during the season. Just show a valid ID at the beach on the day you visit. You are also eligible for the discounted parking rate of \$1 per day. Call Recreation at 732-262-1044 for info.



Brick Township SENIOR SHUTTLE

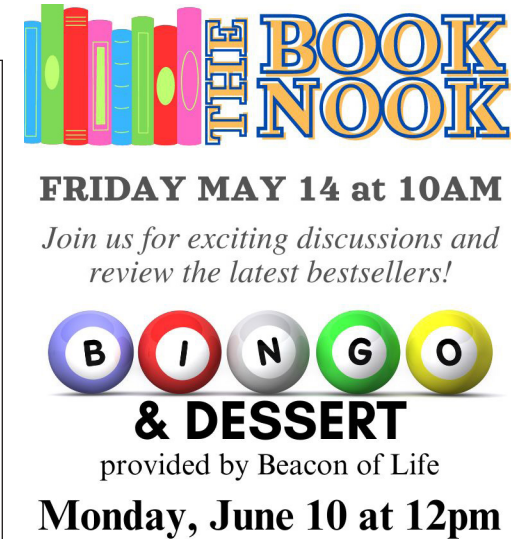
The Senior Shuttle provides residents ages 60 and over with free transportation to the Brick Senior Center, medical appointments, Brick Township's shopping areas as well as to special events in the township and surrounding communities.

JUNE TRIPS

Ocean County Mall
 Wednesday, May 19
 Call 732-920-8686 to register

WE NOW HAVE A SENIOR SHUTTLE DEDICATED TO TRANSPORTATION FOR DIALYSIS PATIENTS
 Call for a screening and scheduling your rides. Service is available Monday through Friday. Appointments within Brick Township only.

FOR MORE INFORMATION OR TO SCHEDULE A RIDE CALL
732-920-8686



BOOK NOOK

FRIDAY MAY 14 at 10AM

Join us for exciting discussions and review the latest bestsellers!

B I N G O
& DESSERT
 provided by Beacon of Life
Monday, June 10 at 12pm